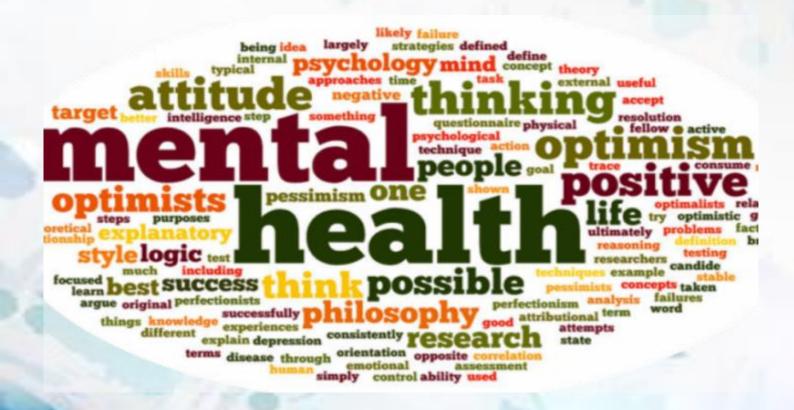
E- MAGAZINE 2024

BY: MRS JASLEEN AND MRS. RAJVEER KAUR



MANOVRITI

-Your Mind is Your Ability to Think and Reason





BCM ARYA SCHOOL

SINGLA-ENCLAVE, LALTON-DOLON KHURD, LUDHIANA



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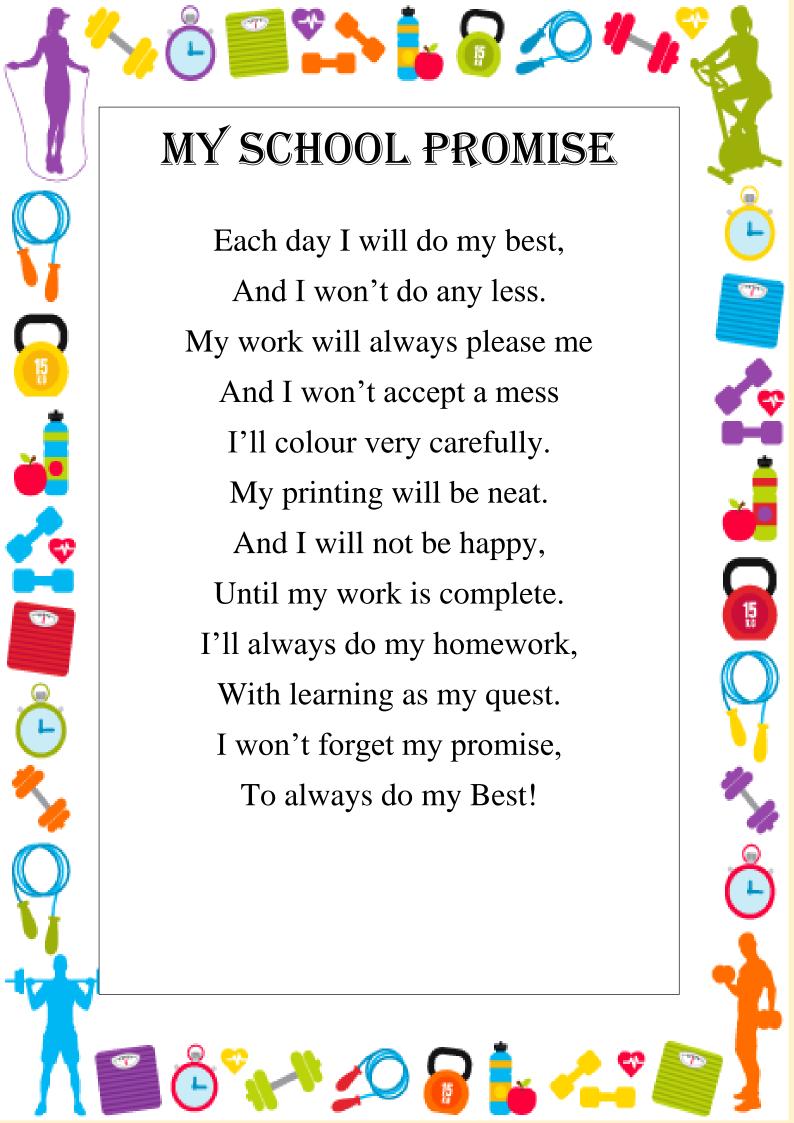
(School Counsellor)

FROM THE EDITOR

Welcome to the issue of MANOVRITI magazine which is enthralled with interesting prepositions. We have tried our level best to make sure this memoir helps you in recapitulating your eventful journey in B.C.M. ARYA. For this we are really grateful to our Principal ma'am and School Management for providing us this platform where students can share their thoughts and can apply them for their bright future. Through this magazine we can hold together the overall development of students along with academics and co-curricular activities. Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and citizens of tomorrow and through this magazine we are trying to lead them to righteous path.

With Best Wishes

Mrs. Rajveer Kaur Mrs. Jasleen Kaur





WAYS TO RAISE AWARENESS FOR MENTAL HEALTH:

- 1. Talk about it on social media.
- 2. Educate and share
- 3. Be open about your experience.
- 4. Offer support
- 5. Promote healthy habits.
- 6. Incorporate mental health education.



